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# An Obturation Technique for Closure of Body Wall Defects

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# Authors' contributions

Authors DJ and MF contributed literature reviews, author NP contributed pathologic examination, author FJ contributed clinical details of patient's course and performed the surgery.

# Article Information

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Case Study

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# ABSTRACT

**Aims:** In the vast majority of instances, closure of abdominal wall defects relies on the tensile strength of transposed native tissue and/or prosthetic material. The purpose of this report is to alert clinicians to a different strategy for closure that we have used successfully on several occasions. **Presentation of Case:** A 72 year old man had a bulky inguinal nodal metastasis from cutaneous squamous cell carcinoma. He had an extended radical groin dissection including full thickness abdominal wall resection, with primary closure, followed by external beam radiotherapy. After 30 months, he developed an abdominal wall hernia and enterocutaneous fistula at the surgical site. Direct closure and local vascularized flaps were not feasible. Obturation of the defect by omentum was employed, taking advantage of its relative incompressibility rather than its minimal tensile strength. The wound was subsequently covered by a skin graft. The patient survived 10 years with an intact hernia repair and died of unrelated causes. **Discussion:** The technique has yielded good results.

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**Conclusions:** This surgical option is valuable for situations in which the abdominal wall defect to be closed is fibrotic, has been radiated, is infected, or is otherwise not suitable for conventional techniques.

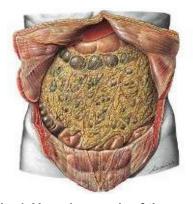
Keywords: Hernia; surgery; omentum; obturation; abdominal wall defect.

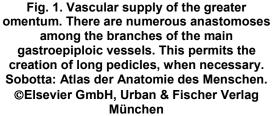
#### **1. INTRODUCTION**

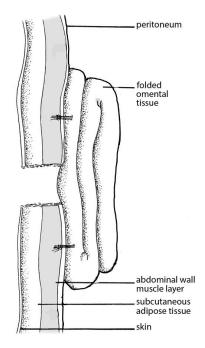
Closure of abdominal wall defects is a common indication for surgery. Standard techniques are adequate for most situations but inadequate for others. These include full-thickness abdominal wall defects, those with marked fibrosis, those in which radiation therapy has been administered, and those which are infected at the time of attempted closure. In some of these situations, the clinician can mitigate these risk factors before operating. In others, urgent surgery is required. Here we describe a technique that relies on obturation of the defect.

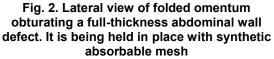
#### 2. CASE REPORT

The patient was a 72-year-old male with bulky inguinal metastases from a previously resected squamous cell carcinoma of the intergluteal skin. He had severe atherosclerotic vascular disease. He received an extended radical groin dissection, including full-thickness abdominal wall resection. The defect was closed primarily and followed by external-beam radiation therapy. The patient did well for thirty months before developing an abdominal wall hernia and an enterocutaneous fistula at the surgical site. Radiation-related dense tissue fibrosis, local infection, and ulceration of the skin were present at the fistula site. Through a midline incision, we mobilized the herniated small bowel, resected the fistula, and restored intestinal continuity, leaving a 4 cm. fullthickness defect in the abdominal wall. Direct suture closure was impossible due to the fibrotic nature of the local tissues. A vascularized local flap was not feasible because relevant local arteries had been divided during the groin dissection. Utilizing plastic or biologic prosthetic material was not feasible because the previously skeletonized iliac and femoral arteries comprised one of the edges of the abdominal wall defect. To close the defect, we used pedicled greater omentum [Fig. 1.] based on the riaht gastroepiploic vessels. The omental pedicle was folded into several lavers, placed en masse into the abdominal wall defect, and sutured to its fibrotic edges [Figs. 2 and 3]. The skin over the hernia site was not closed primarily, which allowed us to inspect the omentum easily.









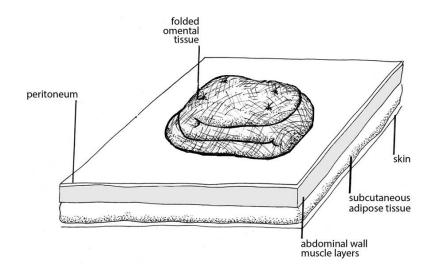


Fig. 3. View from the peritoneal surface of folded omentum obturating an abdominal wall defect

Vacuum-assisted wound management was used and seven weeks later a skin graft was applied. All wounds healed primarily. The patient lived independently until he died of a bowel obstruction 10 years later. Our repair of the abdominal wall defect remained intact. Autopsy showed that the pedicled tissue had retained its size and position. A portion of the relevant anatomy is shown [Fig. 4]. A film of the procedure we describe is available at the American College of Surgeons online video library (A radiated, infected, full-thickness abdominal wall defect; http://cine-med.net/).

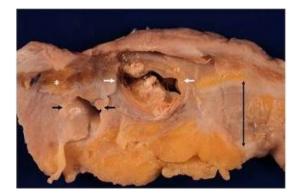


Fig. 4. Gross photograph showing the skin graft surface at the top, mature scar created by the free graft (double-headed black arrow), omentum (white asterisk), and external iliac artery (white arrows) and vein (single-headed black arrows), approximate magnification 1.5 X. The external iliac artery is markedly atherosclerotic. Sutures are present superficial to the vein

We carried out computer searches with PubMed, Ovid, and MEDLINE to determine if the obturation closure technique had previously been described. Searching with PubMed, we used the MeSH search terms "omentum," "surgical procedures," "operative," and "abdominal wall," which yielded 16 results. Searching with Ovid, we used the search terms "omentum," "surgical procedure," and "abdominal hernia," which yielded four results. Searching with MEDLINE, we used the search terms "omentum," "surgical procedure," and "abdominal wall," which yielded 18 results. Our computer search disclosed one article which described spontaneous obturation of hernias by omentum [1] [Fig. 5]. Another described the use of transposed omentum to close a large inguinal defect, but omentum was not used to obturate the defect, as in our example [2]. Several concerned the history of surgical procedures utilizing omentum [3-9]. We considered the Mathes textbook to provide the most comprehensive literature review and reference source [10]. Mathes and Hansen have summarized the classification of flaps and their applications [11].

# 3. DISCUSSION

Use of omentum for therapeutic purpose was suggested in 1826 by de Lamballe, who described adhesions of the omentum to damaged bowel in soldiers wounded in Napoleonic wars [12]. It is accessible, pliable, and durable. Its vasogenic and immunoprotective properties were recognized by Senn in 1888 [9]. He applied omentum as a protective wrapping around an intestinal anastomosis. By 1896 greater omentum had been used to close a gastric perforation [6] and to improve portalsystemic blood flow in a patient with cirrhosis [5]. There are a number of uses of greater omentum when employed as a pedicled flap based on one of the gastroepiploic vessels. In 1963, Kiricuta described the use of such a flap to repair a chest wall defect created by resection of a locally invasive breast cancer [7]. Goldsmith devised many other applications, including several outside the abdomen [3]. Based on one of the gastroepiploic arteries and use of appropriate lengthening maneuvers, an omental pedicle can be transferred as far as the head or below the knee to deal with a range of extraperitoneal disorders, wounds, and other problems such as lymphedema and radiation injury [4,8]. Mathes and Hansen have detailed the many described applications of omental pedicle flaps but do not mention management of high-risk full-thickness abdominal wall defects [11]. Free tissue transfer using microvascular techniques might be valuable in some situations. Free tissue transfer without revascularization, as described by Senn [9], is predictably successful and might be required for obturation closure of a body wall defect if the omentum is small. Because the volume of nonvascularized transferred omentum typically decreases by 20-40% within weeks, a proportionately larger volume is generally used [13].



#### Fig. 5. Line drawing illustrating obturation closure of umbilical hernia by greater omentum. From Br Med J 1:76-8; 1906 [1]

During abdominal surgery performed years after a previous operation, we have noticed instances in which omentum has spontaneously obturated iatrogenic abdominal wall defects such as prior laparoscopy port sites, sites where retention sutures had cut through the abdominal wall muscles and fascia, peritoneal dialysis sites, and the like. Morison noted this as well in 1906: "In both inguinal and femoral regions I have found a cork of omentum blocking the hernial openings so firmly that radical cure was affected by its means" [1]. The authors believe the method described here may be useful in situations such as routine stoma takedown, management of infected parastomal hernias, closure of infected Richter's hernias, and abdominal wall defects located so close to a major vessel that repairs with prosthetic material would risk erosion into the vessel. There are likely to be other situations in which closure with transposed omentum may be valuable.

#### 4. CONCLUSION

Conventional closure of a hernia relies on suturing sturdy native tissue to prosthetic mesh with sturdy suture material. The technique we describe here relies not on the tensile strength of omental tissue, but rather on its the incompressibility. The ideal abdominal wall defect for this method is one surrounded by rather rigid tissue and not very large. We place the center of the omental pedicled graft (rather than an edge) over the defect to be repaired. The omentum should extend well past the edge of the abdominal wall defect and it should have considerable bulk. Bulky omentum may not need to be folded; thin omentum may need to be folded several times [Figs. 2 and 3]. Methods of holding the tissue in place will vary according to the circumstances. The obturation concept requires attention to the relevant pressure gradient. Unless the abdomen is open, intraabdominal pressure is always greater than atmospheric pressure so the bulky obturating omental tissue should be placed on the peritoneal surface. The technique should be adaptable to laparoscopic and/or robotic approaches.

# CONSENT

All authors declare that written informed consent was obtained from the patient for publication of this case report and accompanying images.

### ETHICAL APPROVAL

This case report fulfills criteria of the applicable Institutional Review Board.

### **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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